

CONCEPT CHECK

- What are the primary steps in a treatment for drug addiction? Why is treating addiction such a difficult process?
- What are the principles for effective treatment as proposed by the National Institute of Drug Abuse?
- What psychosocial therapy approaches have been used with addiction?
- What are the primary characteristics that describe a 12-step program? Is it a treatment for addiction? Why or why not?
- What is the main principle behind the controlled drinking approach? Is it an effective treatment for alcohol addiction? Why or why not?
- It seems paradoxical to treat drug addiction with drugs. What three different approaches do pharmacological treatments use?